

Morton Grove School District 70

Physical Restraint, Time Out, Isolated Time Out Reduction Plan Template

RTO Reduction Goal: The plan's objective shall be to have less than 5 instances of physical restraint, time out, and isolated time out over a 12-month period.

Completion: July 1, 2023

Required Components	Action Plan	Steps to Complete Action Item	Timeline	Responsible Party
<p>Provide details of a plan to support a vision for cultural change that reinforces the following:</p> <p>A) Explain how the entity plans to adopt and utilize positive behavioral interventions and support rather than physical restraint, time out, and isolated time out.</p>	<p>In District classrooms, positive behavioral interventions that have been adopted include, but are not limited to Foundations, CHAMPS, De-escalation Strategies which support non-coercive environments.</p>	<p>District administration and specialists (psychologist, social worker, etc.) will collaborate with school teams (including teachers, teacher assistants, support staff, and building administration) for ongoing support in utilizing positive behavioral interventions. This may include a review of school behavioral data, behavioral support expectations, recognition systems, and internal committee monitoring.</p>	<p>2022-2023 school year</p>	<p>Oversight team</p>
<p>B) Identify effective ways/best practices to de-escalate situations to avoid physical restraint, time out, and isolated time out.</p>	<p>Provide professional development and training on de-escalation techniques, behavior management strategies, trauma-sensitive practices, implicit bias, and special education including Crisis Prevention Institute (CPI) Training.</p>	<p>Ongoing professional development/ support, training, and collaboration annual refresher will be provided as well as planned support for onboarding new staff.</p>	<p>2022-2023 school year</p>	<p>Oversight team</p>

C) Describe how the entity will utilize crisis intervention techniques as an alternative to physical restraint, time out, and isolated time out.	Provide professional development and training on crisis techniques. Utilize a crisis intervention protocol. Identify crisis intervention responders and roles for staff.	Develop/Implement consistent training methods/materials and schedule for training. Ongoing professional development/training, support, and collaboration will occur as well as planning for onboarding for new hires.	2022-2023 school year	Oversight team
D) Describe the entity's plan to utilize debriefing meetings to reassess what occurred and why it occurred and to think through ways to prevent the use of intervention the next time.	Proactive regular team meetings to plan for students as well as utilization of the Individual Student Plan for any student that meets the criteria.	Ensure staff are aware of and utilize debriefing procedures. Document debriefing efforts. Ensure debriefing consistent with the requirements for reviewing and analyzing time out and restraint during extended instances or repeated instances of their use.	2022-2023 school year	Oversight team
E) Include action step(s) that describe procedures to ensure that appropriate school personnel is fully informed of the student's history, including any history of physical or sexual abuse, and other relevant medical mental health information. Such disclosures of student information must be consistent with federal and state laws and rules governing student	Develop/implement procedures for ensuring that appropriate school personnel are fully informed of the student's history, including any history of physical or sexual abuse, and other relevant medical mental health information.	Share relevant information with appropriate school personnel at the beginning of the school year to the extent that it impacts behavior management, de-escalation, crisis management, etc.	2022-2023 school year	Oversight team

confidentiality and privacy rights.				
F) Identify steps to develop individualized student plans as required by PA 102-0339. Plans should be separate and apart from a student IEP or 504 Plan.	For students that have experienced 5 or more instances of restraint, time out, or isolated time out (RTO) in a 30-day period convene the IEP team and review BIP.	Develop, implement and determine procedures for reviewing individual student plans. Review and analyze individual student data related to RTO and current BIP.	2022-2023 school year	Oversight team
G) Describe how the information will be made available to parents for review.	Method of communication for how the District will notify parents and guardians that the plan is available for review: website posting	Through the website posting the District will notify parents and guardians that the plan is available for review.	2022-2023 school year	Oversight team
H) Describe a modification process (as necessary) to satisfy the aforementioned goals.	District Administration and relevant specialists will review data annually to ensure the district is making progress towards goals and procedures are in line with all laws, recommendations, and directives.	The oversight team will meet to review the plan and make adjustments on an ongoing basis.	2022-2023 school year	Oversight team